



9 Night Adventure Camp – Kit List



All the items on the following kit list are necessary and must accompany your daughter to camp. Please do not send any new or irreplaceable items. Camp is a great place for old and comfortable clothes! Each item should be marked with the camper's name. Campers are required to carry their own luggage, so please limit baggage to one piece of luggage, a bedroll, and a daypack for overnight canoe trips. Suitcases on wheels are NOT recommended, as the wheels do not work on the gravel roadways. Girls will spend lots of time down at the beach; please pack extra warm clothes.

- 6 T-shirts (*no tank tops or sleeveless shirts-to protect shoulders from sunburn*)
- 2 long sleeved shirts
- 3 pairs of shorts
- 2 pairs of jeans/pants/track pants- 1 warm pair
- 6 pairs of socks (**must** be worn at all times when not on the beach — risk of poison ivy)
- 2 pairs of pajamas (*one warm pair for cool nights*)
- 9 changes of underwear
- jacket
- 2 sweatshirts (hooded is best)
- 2 pairs of shoes (closed toe, no sandals)
- 1 extra pair of water shoes/old running shoes /sports sandals for the water
- 2-3 swimsuits and 2-3 beach towels
- hat, preferably with a brim wide enough to protect the face and back of the neck
- raincoat/poncho with hood (or a rain hat) and waterproof boots
- Toiletries - washcloth, hand towel, soap, toothbrush, toothpaste, brush/comb, hair clips, hair elastics etc., in a toiletry bag
- Sunscreen and insect repellent (non aerosol)
- Bedroll – this consists of a sleeping bag, blanket, sleeping pad (foam, bubble pad or air mattress) and other bedding material all wrapped and tied in a sturdy plastic tarp or a waterproof stuff sack (dry bag). **Do NOT send bedrolls wrapped in garbage bags** – they're easily mistaken for trash! Please note that air mattresses and pillows will not be able to come on the outtrip.
- Pump for air mattress (if necessary)
- 2 ground sheets/tarpaulins (6'x 8' is a good size) – one can be used to wrap the bedroll; the other packed away in luggage
- 10-12-foot length of sturdy rope (use it to tie up the bedroll). The rope needs to be re-usable (i.e., no binder twine or butcher cord please).
- Ditty bag (mesh or cloth, so water can drain out and air can flow through) with unbreakable plastic plate, bowl, cup/mug, and juice glass, metal knife, fork, and spoon
- laundry bag (plastic bag or pillowcase)
- flashlight and extra batteries
- small knapsack suitable for an overnight trip (canoe camps)
- water bottle
- 5 clothespins

For the Outtrip (Please remember that all gear accompanying you on the outtrip must be sturdy. It will likely come back very dirty!):

- ❑ 1 old t-shirt and old pair of shorts
- ❑ 1 long warm sleeve shirt and old pair of long pants (or zip-off pants)
- ❑ 1 pair of polypropylene long underwear (*cotton is **not** a good material for warmth layers – it doesn't retain any heat when wet*)
- ❑ 1 warm sweater
- ❑ Rain suit
- ❑ 1 bathing suit and small towel
- ❑ 1 pair old sturdy shoes or hiking boots (*pull out areas tend to be VERY muddy*)
- ❑ 3 pr socks (1 warm and 2 pairs of quick drying socks)
- ❑ Sturdy sport sandals that attach firmly to feet
- ❑ Canoeing stuff sack or dry bag large enough to fit all gear for the outtrip
- ❑ 1 liter Nalgene water bottle (or other unbreakable water bottle)

Optional: notebook and pencil, book, favourite bedtime pal, pillow and pillowcase, camera (inexpensive) and film, sunglasses, stamped envelopes for letters

Please do not bring: electronic games, radios, TV's, tape recorders, cell phones or pagers, money, makeup, valuables (earrings, rings, Beanies) as we are not responsible for loss or damage.

Absolutely no food, chips, candy, or gum — These items will attract unwanted visitors such as raccoons and skunks to our tents and buildings.

