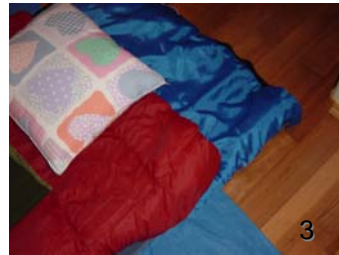


# Bedrolls



For your bedroll you will need -  
 A ground sheet that is longer and wider than your mat and sleeping bags.  
 A mat, closed cell foam or a self inflating mat.  
 A sleeping bag. This picture shows a summer sleeping bag, the remaining pictures show two summer sleeping bags being rolled together for fall camp.  
 A blanket, fleece or wool (if it doesn't make you itchy) are best.  
 A small pillow.  
 Rope—long enough to secure your bedroll, flexible enough to work with but easy to detangle. (fig. 1)



Here is option one for rolling—

1. From the floor up, lay out your ground sheet, mat, sleeping bag, blanket and small pillow. You can add your stuffy and PJ's if you want to be super fast at camp. (fig 2)
2. Pull your bedroll so it is 6-12 inches off of the ground sheet, this is where you start rolling. (fig 3)
3. Fold the long edges of your ground sheet over your bedroll. (fig 4)
4. Start rolling, having someone help you will make rolling a lot easier.
5. As you roll make sure to tuck in the ends of the ground sheet, this will help to keep everything dry. When you get to the end, tuck the last bit of ground sheet over the end of your sleeping bag, if you have too much sleeping bag left over, start again with more of the bag off the ground sheet (step 2).



Here is option two for rolling—

- From the floor up, lay out your mat, sleeping bag, blanket and small pillow. Roll them together and secure them with a second piece of rope. (fig 5)
- Place this roll in the center of your ground sheet, lift the short ends of your ground sheet bring the edges together and roll them down to the bedroll (fig 6).
- Continue with the steps below, changing the side of your bed roll, you will need to fold them in like a present (fig 7).



Secure both bedrolls by making a huge slip knot in your rope and placing it around the roll, pull the rope so it is as tight as you can make it. While keeping the rope secure, make a second loop around the bedroll by wrapping the rope and pulling in around the rope the comes off your first loop (fig 8). Your rope should look like an "H". Wrap the rope down the side of the roll then across the bottom of the roll. When you pass over the first two loops on the bottom wrap the rope around the looped rope (fig 9).

When you are back at the start secure your rope to your starting point, if you like you can half hitche to make a handle. (fig 10)

Fig 11 is a bedroll completed using option one.